WAIVER AND RELEASE OF LIABILITY

| Warrior at Heart Ministry, Inc., a Colorado 501(c)(3) non-profit corporation ("corporation"), all of the corporation's officers, directors of the board, employees, volunteers, instructors and presenters, and all family members of the corporation's officers, directors, employees, volunteers, instructors and presenters (collectively "the Releasees"), from any and all claims for liability for personal injuries including death, or property damage, and any consequential damages resulting therefrom, I might sustain as a result of my participation in the following programs or activities sponsored or organized by the corporation, regardless of whether said personal injuries or property damage were caused by the negligence or gross negligence of the corporation, or any of the Releasees, in the planning organization or implementation of the program or activity involved, or while traveling to or from the program or activity involved. |
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| The programs and activities to which this Waiver and Release of Liability applies are as follows: |
| All activities and programs involved with: |
| occurring on: |
| including traveling to or from the programs and activities involved. |
| I further warrant and represent that I have been given ample opportunity to review the terms of this Waiver and Release of Liability, and that I am executing this document freely, voluntarily, knowingly and without any duress of any kind or nature whatsoever. |
| I understand and agree that this Waiver and Release of Liability shall be enforced and interpreted in accordance with Colorado law, and that this instrument is enforceable under Colorado law. I further understand and acknowledge that the corporation, and the Releasees, would not have permitted me to participate in the program or activity involved, without my execution of this instrument. |
| This Waiver and Release of Liability shall be binding upon myself, and my personal representatives heirs, successors in interest, and assigns. |
| By my execution of this Waiver, I also hereby give the corporation the right to keep any media taker by the corporation, or by the Releasees, of me while participating in the program or activity and to utilize the media for the corporation's future promotional purposes, without right to any compensation from the corporation for its retention or use of said media. |
| Dated: |
| Signed: |